

# Behavioral Risk Factor Surveillance System

Vermont Year 2010 Health Objectives

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Vermont Summary of BRFSS<sup>1</sup> Data by Health District Offices, includes results from 2008 BRFSS survey. Items not on 2008 use data through 2007.

Aggregated for years are indicated in right-side column. All values are age adjusted to year 2000 standard populations (see notes below). **Red means survey error > 10%**

	Age— Gender	Goal	Burlin- gton	Benn- ington	White River Jct	Rut- land	Spring -field	New- port	St. Johns- bury	Barre	Brattle -boro	St. Albans	Middle- bury	Morris- ville	Years Used
Health Insurance Coverage <sup>2,1</sup>	18-64	100	92	86	84	84	83	82	82	87	83	88	82	83	2003-2008
Specific Source of Ongoing Primary Care <sup>5,2</sup>	18+	96	89	90	84	88	86	83	85	88	85	88	89	86	2003-2008
Limitation in Activities Due to Arthritis <sup>4,1</sup>	18+	21	27	31	24	26	28	34	26	20	33	30	26	33	2005,2007
Pap Smear, Within Past Three Years <sup>5,2</sup>	Women	90	87	89	87	87	87	87	85	91	83	86	79	83	2004,2006,2008
Fecal Occult Blood Test <sup>2,2</sup>	50+	50	18	28	27	20	23	30	38	19	29	25	28	25	2004,2006,2008
Ever Had Sigmoidoscopy or Colonoscopy <sup>2,2</sup>	50+	50	75	75	67	62	64	57	60	74	67	68	64	68	2004,2006,2008
Mammogram, Within Past Two Years <sup>4,2</sup>	40+ Women	70	82	81	80	79	78	74	84	82	78	78	77	72	2004,2006,2008
Persons with diabetes & diabetes education <sup>3,1</sup>	18+	60	41	73	58	61	27	60	56	60	48	42	67	44	2003 thru 2008
Prevalence of Diabetes <sup>5,1</sup>	18+	2.5	4.7	7.0	4.8	6.2	5.4	6.5	7.7	6.8	5.8	6.1	5.2	5.6	2004,2006,2008
Persons with diabetes & A1C test twice a year <sup>3,1</sup>	18+	80	75	83	75	83	92	80	77	64	61	63	76	51	2004 thru 2008
Persons with diabetes & annual eye exams <sup>3,1</sup>	18+	75	62	78	81	73	73	69	57	68	69	58	60	65	2003 thru 2008
Diabetes & professional feet exams <sup>3,1</sup>	18+	80	79	86	85	89	61	94	65	81	84	60	93	56	2003 thru 2008
Persons with diabetes & daily glucose test <sup>3,1</sup>	18+		68	74	73	60	50	64	65	68	58	78	59	54	2003 thru 2008
Disabilities & sufficient emotional support <sup>5,2</sup>	18+	79	78	69	74	72	63	70	66	72	72	77	77	68	2005-2008
Always use safety belts while driving <sup>5,2</sup>	18+	92	85	83	81	80	76	70	75	80	80	78	83	77	2006-2008
Homes with loaded & unlocked firearms <sup>5,2</sup>	18+		2	2	2	3	2	5	2	3	3	3	2	3	2002, 2004

	Age— Gender	Goal	Burlin gton	Benn- ington	White River Jct	Rut- land	Spring -field	New- port	St. Johns- bury	Barre	Brattle -boro	St. Albans	Middle- bury	Morris- ville	Years Used
Cholesterol Screening <sup>5.2</sup>	18+	80	76	75	72	74	74	73	69	77	72	78	72	72	2005-2007
Influenza Immunization <sup>2,3</sup>	65+	90	74	78	74	69	72	67	68	76	74	68	75	64	2005-2008
Ever Had Pneumonia Vaccination <sup>2,3</sup>	65+	90	71	77	66	69	65	68	64	72	70	64	68	66	2005-2008
Obesity <sup>3,2</sup>	20+	15	18	23	22	23	23	28	27	22	23	28	23	20	2003-2008
No Permanent Teeth Extracted <sup>5.2</sup>	18+	42	67	52	56	54	55	52	49	57	55	57	59	53	2006, 2008
Extraction of All Natural Teeth	65+	20	13	14	18	16	21	30	29	24	17	28	18	24	2006, 2008
No Leisure Time Physical Activity <sup>5.2</sup>	18+	20	15	19	17	20	20	23	20	17	18	22	18	19	2003-2008
Regular, Moderate Physical Activity <sup>5.2</sup>	18+	50	58	59	60	57	61	56	57	60	58	54	57	58	2005-2007
Regular, Vigorous Physical Activity <sup>5.2</sup>	18+	30	37	34	37	32	34	33	32	36	34	31	34	36	2005-2007
Binge Drinking, During the Past Month <sup>5.2</sup>	18+	6	19	17	17	18	23	20	19	19	18	19	15	21	2006-2008
Cigarette Smoking <sup>5.2</sup>	18+	12	13	20	17	21	22	24	22	19	19	21	17	19	2005-2008
Smoking cessation attempts <sup>5.2</sup>	18+	75	50	53	53	50	45	45	36	54	45	46	52	54	2005-2008
Food Security	18+	94	93	94	93	90	91	90	90	92	91	95	92	92	2000, thru 2004, 2006
Sexually at risk persons who use condoms	18+	75	72	78	71	75	71	93	76	75	82	77	83	76	2003-2005, 2008
Sufficient Folic Acid	18-44 Women	80	45	45	46	32	41	36	43	40	39	50	37	41	2004, 2006, 2008

**Age groups used for age-standardizations**

2.1 18-44, 45-64

2.2 50-64, 65+

2.3 65-74, 75+

3.1 18-44, 45-64, 65+

3.2 20-39, 40-59, 60+

4.1 18-44, 45-64, 65-74, 75+

4.2 40-49, 50-64, 65-74, 75+

5.1 18-44, 45-54, 55-64, 65-74, 75+

5.2 18-24, 25-34, 35-44, 45-64, 65+